



Welcome to Spectrum Support!

These are the last support group dates for this academic year, but we will be back after the summer holidays!!

The aim of the group is to offer advice and support for parents/carers, as well as signposting to other relevant services. We want to empower and instil confidence in parents/carers in order to help them understand how the diagnosis affects their children so that they are better able to advocate for them, as well as helping them to navigate their way through all of the 'professional jargon'!!

During some sessions, we will have guest speakers in to discuss various topics pertaining to different aspects of your child's diagnosis.

FACES, Church Lane Community Centre, Church Lane, Bedford, MK41 0PW

10am-12pm

Tuesday 12th March 2019

Friday 5th April 2019

Friday 10th May 2019

Friday 14th June 2019

Friday 5th July 2019

Child Development Centre, Hill Rise, Kempston, MK42 7EB

10am-12pm

Friday 29th March 2019

Friday 26th April 2019

Thursday 23rd May 2019

Friday 28th June 2019

Friday 19th July 2019

Children are welcome, however, we would like to politely remind parents that they are their responsibility.

Why not come along and be around like minded people facing similar challenges, and share your knowledge, experiences, hopes and fears in a confidential, non-judgemental environment?

We look forward to seeing you there.

*Light refreshments will be provided.

Please keep an eye out on our Facebook page, **Spectrum Support**, for updates or contact FACES on 01234 270601 or stacey@facesbedford.org.