



**Happy New Year from FACES!**

Last year, Spectrum Support ran many successful support sessions, and we have the pleasure of continuing this into the New Year.

The aim of the group is to offer advice and support for parents/carers, as well as signposting to other relevant services. We want to empower and instil confidence in parents/carers in order to help them understand how the diagnosis affects their children so that they are better able to advocate for them, as well as helping them to navigate their way through all of the 'professional jargon'!!

During some sessions, we will have guest speakers in to discuss various topics pertaining to different aspects of your child's diagnosis.

**FACES, Church Lane Community Centre, Church Lane, Bedford, MK41 0PW**

**10am-12pm**

**Friday 18<sup>th</sup> Jan 2019**

**Tuesday 19<sup>th</sup> Feb 2019**

**Tuesday 12<sup>th</sup> March 2019**

**Child Development Centre, Hill Rise, Kempston, MK42 7EB**

**10am-12pm**

**Friday 25<sup>th</sup> Jan 2019**

**Friday 22<sup>nd</sup> Feb 2019**

**Friday 29<sup>th</sup> March 2019**

Children are welcome, however, we would like to politely remind parents that they are their responsibility.

Why not come along and be around like minded people facing similar challenges, and share your knowledge, experiences, hopes and fears in a confidential, non-judgemental environment?

We look forward to seeing you there.

\*Light refreshments will be provided.

Please keep an eye out on our Facebook page, **Spectrum Support**, for updates or contact FACES on 01234 270601 or [stacey@facesbedford.org](mailto:stacey@facesbedford.org).