Youth Wellbeing Directory

The Anna Freud National Centre for Children and Families have revamped their Youth Wellbeing Directory, so that young people and professionals can have access to child mental health support in their area. It is the largest UK online search engine for mental health services and support for children and young people up to age 25. Over 1,300 services are already listed on the directory, which can be searched by location, by topic or by name of service.

In addition, the site has links to useful information and support on a range of issues including dealing with anxiety, bereavement and bullying and is a tool we'd encourage all schools to signpost to using www.youthwellbeing.co.uk