



**Mental Health and Emotional Wellbeing  
Service for Children and Young People**

e: [info@chums.uk.com](mailto:info@chums.uk.com) p: 01525 863924

The Emotional Wellbeing Service is a community based service commissioned by East London Foundation Trust. The service offers support to children and young people in Central Bedfordshire and Bedford Borough with mild to moderate mental health difficulties.

If you feel that your child would benefit from the support offered by Chums, please speak to Gail Hall the schools Family Worker, or alternatively, if you would prefer families are able to self-refer by phoning the above number