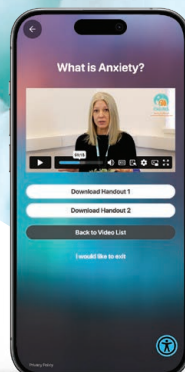
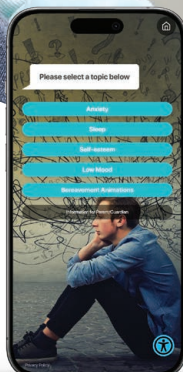
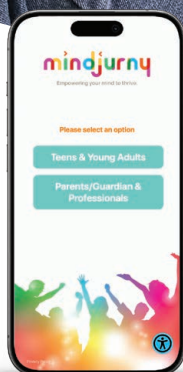


# mindjurny

## Empowering Young Minds for a Brighter Future!



Created by



**Mindjurny** is an evidence-based, safe and easy to use smartphone emotional wellbeing support tool. Features include, **essential resources** and pre-recorded **video workshops** tailored for young people and parents or carers, providing valuable **guidance and support**.



[mindjurny.com](http://mindjurny.com)





Empowering Young Minds for a Brighter Future!

## KEY FEATURES

- **Flexible Access:** Available 24/7, whenever needed
- **Pace:** There is no rush with Mindjurny, you take one step at a time using tools whenever they are needed
- **Expert Insights:** Combining educational insights with clinical expertise. Mindjurny equips children, parents, young people and school staff with strategies and tools to promote positive mental health and emotional wellbeing
- **Resources:** Provides guidance, including signposting, literature, apps, and websites for extra support and what to do next
- **Cost Effective:** Simple subscription plans for schools

## GET IN TOUCH

If you would like to find out more about how Mindjurny can support your school in addressing the mental health and emotional wellbeing needs of your pupils, please visit our website or contact us using the details below.

**Phone:** 01525 863944 **Email:** [mindjurny@chums.uk.com](mailto:mindjurny@chums.uk.com)

**Mindjurny Main Office:** Wrest Park Enterprise Centre  
Wrest Park, Silsoe, Bedfordshire, MK45 4HS.



[mindjurny.com](http://mindjurny.com)

