

## Curriculum Map

### PSHE

	Autumn	Spring A	Spring B	Summer A	Summer B
<b>Nursery &amp; Reception</b>	<p>Children’s personal, social and emotional development (PSED) is crucial for children to lead healthy and happy lives, and is fundamental to their cognitive development. Underpinning their personal development are the important attachments that shape their social world.</p> <p>Strong, warm and supportive relationships with adults enable children to learn how to understand their own feelings and those of others. Children should be supported to manage emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, persist and wait for what they want and direct attention as necessary.</p> <p>Through adult modelling and guidance, they will learn how to look after their bodies, including healthy eating, and manage personal needs independently. Through supported interaction with other children, they learn how to make good friendships, co-operate, and resolve conflicts peaceably. These attributes will provide a secure platform from which children can achieve at school and in later life.</p>				
<b>Year 1</b>	<u>Relationships-</u> Families and Friendships Safe Relationships Respecting ourselves and others	<u>Living in the Wider World</u> Belonging to a community Media literacy and digital resilience Money and Work	<u>Health and Wellbeing</u> Keeping safe Physical health and Mental wellbeing Growing and changing	<u>Health and Wellbeing</u> Keeping safe Physical health and Mental wellbeing Growing and changing	<u>Living in the Wider World</u> Belonging to a community Media literacy and digital resilience Money and Work
<b>Year 2</b>	<u>Relationships-</u> Families and Friendships Safe Relationships Respecting ourselves and others	<u>Living in the Wider World</u> Belonging to a community Media literacy and digital resilience Money and Work	<u>Health and Wellbeing</u> Keeping safe Physical health and Mental wellbeing Growing and changing	<u>Health and Wellbeing</u> Keeping safe Physical health and Mental wellbeing Growing and changing	<u>Living in the Wider World</u> Belonging to a community Media literacy and digital resilience Money and Work
<b>Year 3</b>	<u>Relationships-</u> Families and Friendships Safe Relationships Respecting ourselves and others	<u>Living in the Wider World</u> Belonging to a community Media literacy and digital resilience Money and Work	<u>Health and Wellbeing</u> Keeping safe Physical health and Mental wellbeing Growing and changing	<u>Health and Wellbeing</u> Keeping safe Physical health and Mental wellbeing Growing and changing	<u>Living in the Wider World</u> Belonging to a community Media literacy and digital resilience Money and Work
<b>Year 4</b>	<u>Relationships-</u> Families and Friendships Safe Relationships Respecting ourselves and others	<u>Living in the Wider World</u> Belonging to a community Media literacy and digital resilience Money and Work	<u>Health and Wellbeing</u> Keeping safe Physical health and Mental wellbeing Growing and changing	<u>Health and Wellbeing</u> Keeping safe Physical health and Mental wellbeing Growing and changing	<u>Living in the Wider World</u> Belonging to a community Media literacy and digital resilience Money and Work
<b>Year 5</b>	<u>Relationships-</u> Families and Friendships Safe Relationships Respecting ourselves and others	<u>Living in the Wider World</u> Belonging to a community Media literacy and digital resilience Money and Work	<u>Health and Wellbeing</u> Keeping safe Physical health and Mental wellbeing Growing and changing	<u>Health and Wellbeing</u> Keeping safe Physical health and Mental wellbeing Growing and changing	<u>Living in the Wider World</u> Belonging to a community Media literacy and digital resilience Money and Work
<b>Year 6</b>	<u>Relationships-</u> Families and Friendships Safe Relationships Respecting ourselves and others	<u>Living in the Wider World</u> Belonging to a community Media literacy and digital resilience Money and Work	<u>Health and Wellbeing</u> Keeping safe Physical health and Mental wellbeing Growing and changing	<u>Health and Wellbeing</u> Keeping safe Physical health and Mental wellbeing Growing and changing	<u>Living in the Wider World</u> Belonging to a community Media literacy and digital resilience Money and Work