

# Welcome to JCA

We are a leading provider of school activity courses in the UK, with over 20 years' experience providing quality residential trips.

Operating from 5 centres across the country, we deliver high quality educational experiences that meet the needs of every child.

Our courses encompass a range of outdoor activities to encourage personal development, inspire and motivate learning, foster independence and build confidence, all in a safe environment.



# The Value of JCA

We believe that learning outside the classroom is essential to a well-rounded education. Our courses focus on engaging students, providing enjoyable learning, and helping to develop life skills, such as:

- Learning to work together as a team
- Achieving personal and team goals
- Increasing self esteem and confidence
- Conquering fears
- Trying new and exciting activities
- Experiencing living away from home
- Respecting and valuing each others abilities
- Revealing undiscovered strengths
- Solving problems and taking responsibility



# Why Choose JCA?

- We have been perfecting our centres and activities for 20 years.
- Unique to JCA, one dedicated and multi-skilled instructor spends the week with each group; building confidence, trust and support.
- We only employ and train the best dedicated, motivated, fun and caring staff.
- Full board accommodation, insurance and all equipment is included.
- We offer an easy payment plan and savings cards to budget for the trip.
- We are fully bonded members of ABTA, guaranteeing protection.
- Our team is dedicated to improving the development and learning of children.



# National Curriculum Coverage

Our programmes are linked to the Key Stages 2, 3 and 4 of the National Curriculum.

Our standard Action and Adventure programme offers the opportunity to cover

aspects of:

- PE
- PSHE
- Literacy
- Science
- Geography
- Citizenship
- Design & Technology
- Maths







# Safety Is Our Top Priority

- All of our centres are Health and Safety compliant.
- Our Safety Management System has been externally inspected and verified.
- First-Aid Kits are taken on all activity sessions.
- Centre Activity Managers hold the Emergency First Aid at Work Accreditation.
- Daily safety and equipment checks are carried out
- Thorough Risk Assessments have been conducted.
- All staff are CRB checked.





#### **Governing Bodies and Accreditations**

JCA are governed by, affiliated to and accredited with:

- British Activity Providers Association (BAPA)
- Institute for Outdoor Learning (IOL)
- Adventure Activities Licensing Authority (AALA)
- Association of British Travel Agents (ABTA)
- Learning Outside the Classroom (LOtC)
- Adventuremark (AAIAC)
- Investor in People















#### What Your Trip Will Include

- Full board accommodation
- Full activity programme
- Full holiday insurance
- Evening entertainment programme
- 1:8 free places for accompanying adults
- Additional free places for carers on a 1:4 basis
- One dedicated multi-trained instructor per activity group for the duration of your trip, helping students to reach their full potential through trust and support
- Achievement certificates



# Condover Hall

Our flagship activity centre set in the Shropshire countryside offers the ideal combination of outdoor and indoor adventurous activities.

Condover Hall is a grade I Elizabethan Mansion set in 78 acres of fantastic countryside and gardens. Your students will experience history, beautiful surroundings and state of the art activities during their stay.









# Facilities



**Aerial Trek** 



Indoor swimming pool



All weather sports pitches



Adult Bar 'The Orangery'



High rope course



Tuck shop/gift shop



# Themed Rooms



Dance Studio



**Grid of Stones** 



Laser Maze



Spell Room



**Tunnelling Room** 



Cinema Room



#### Accommodation (Accommodation)

There are options of multi bedded dorms (4-12 beds) for students, with most offering en-suite facilities. Rooms are a mixture of twins and singles, mostly with en-suite facilities within the same building as the children. Senior Staff Members are on duty until 10:30pm each day with Night Staff patrolling between the hours of 10:30pm and 07:30am. Centre doors are secured in the evening, but can be opened in case of emergency and security barriers guard the entrance to the site.









A complete list of activities to choose from at Condover Hall can be found on our website:

- Abseiling
- Aerial Trek
- Archery
- Body Zorbing
- Buggy Building
- Canoeing
- Circus Skills
- Climbing
- Dance Mania
- Disco (Loud and Silent)

- EnvironmentalExplorers (for John Muir award)
- Fencing
- Grid of Stones
- High Ropes Course
- Initiative Exercises
- Laser Conquest
- Low Ropes Course
- Mini Olympics
- Netball Weekends

- Orienteering
- Raft Building
- Rocket Launch
- Sensory Trail
- Sit on top Kayaking
- Snorkelling
- Survival
- Tunnelling
- Wet and Wacky
- Zip Wire



# Sample Itinerary Sample Itinerary

This is a sample itinerary to show how activities are scheduled. Your week will be structured to meet your requirements and choice of activities.

	Morning		Afternoon		Evening
Sessions	1	2	3	4	5
Monday	Travel to Condover Hall		Intro Tour	Gladiator Wall	Cinema Night
Tuesday	Kayaking and Raft Building		Zip Wire	Sensory Trail	Camp Fire
Wednesday	Fencing	Tunnelling	Low Ropes	Abseiling	Giant Cluedo
Thursday	Climbing	Survival	Conquest	Buggy Build	Disco
Friday	Initiative Exercises	Travel back to school			



# Sample Day

7.15 am Wake up, wash and brush teeth, make beds.

8.00 am Breakfast

9.00 am Get ready for your day! (Remember your water bottles!)

9.30 am Your first activity begins.11.00 am Second activity begins.

12.30 pm Lunch – You will need to go to your designated area.

1.30 pm Your third activity begins.3.00 pm Your fourth activity begins.

4.30 pm Free-time

5.20 pm Arrive ready for your evening meal.

5.30 pm Evening meal.

6.30 pm Free-time

7.30 pm Evening begins.

9.00 pm Return to rooms. Wash up, brush teeth and get ready for bed.

9.30 pm Quiet time in rooms.

10.00 pm Lights out. Time to sleep!



# **Key Information**

In order for the trip organisation to run smoothly, it is important that any paperwork linked to medical and dietary needs is returned to school as soon as possible.

The cost of the trip can be spread over the course of the year. However, there are dates where a certain amount needs to be paid by; these will be confirmed over the next few weeks. All monies paid are non-refundable once a place on the trip has been accepted by your child. If payments are not kept up-to-date, your child's place may be withdrawn.

If you wish for your child to be part of the trip, please ensure the deposit of £100 is paid no later than <u>Friday 16<sup>th</sup> September</u>. Places are reserved on a 'first come, first served' basis.

