



BRIDGE Project

Behaviour Change Programmes



The BRIDGE Project offers a structured behaviour change programme in Bedfordshire for individuals who have a history of being violent or abusive in a relationship, or have concerns regarding their behaviour, and want support changing this behaviour.

It aims to encourage responsibility and accountability, provide alternative behavioural strategies, improve communication skills, and promote respectful relationships and attitudes.

BRIDGE is open to :-

- ▶ **Male and females**
- ▶ **Aged 16 plus**
- ▶ **Not in criminal or private law proceedings.**

BRIDGE also provides a risk-informed partner support and advice service. This offers one-to-one support to partners or ex-partners of those who have been referred.

**For more information
and referrals,
please contact us:**

Telephone Support:
07923 235275

Luton Referrals email:
bridgeproject@oneymca.org

Central Bedfordshire and
Bedford referrals email:
bridgeproject@ecpbedford.org