



# Young People's Drug & Alcohol Service

HELPING OVERCOMING THE HARMS CAUSED BY ALCOHOL, DRUGS & GAMBLING

## New Drop In Service:

1st Tuesday of each month:

**Borough Hall** (05/02/19, 05/03/19, 02/04/19, 07/05/19)

**Emily Clare, Team Leader for Aquarius, will be located within the Children Services office in order to support staff working with families, children and young people with an opportunity for:**

- Discussing young people affected by, thinking of using or already using drugs or alcohol
- Enabling easier communication pathways between Aquarius staff and Early Help / Children Social Care teams
- Delivering advice to Early Help / Children Social Care staff in discussing drugs or alcohol as a brief intervention with a young person or their parent/carer to initiate conversations and encourage engagement with the service
- Accepting and receiving referrals
- Any other advice or support needed

**For any questions or to find out more please contact**

**Emily:** [emily.clare@aquarius.org.uk](mailto:emily.clare@aquarius.org.uk)

Formerly CAN and Plan B. Aquarius offers a voluntary, free, non-judgmental and confidential support service to young people living in Bedford Borough and Central Bedfordshire.

Our support can be accessed by any young person aged 5 - 19\* years old who are thinking of using drugs/alcohol, already using drugs/alcohol or affected by a parent or carers drug/alcohol use.

### Aquarius

#### Young Peoples Drug & Alcohol Service

#### Based in:

Queens Park Health Centre,  
23C Carlisle Road,  
Bedford,  
MK40 4HR

#### Office Number:

0330 008 3925

#### Office E-mail:

[YPBedfordshire@aquarius.org.uk](mailto:YPBedfordshire@aquarius.org.uk)

#### What we offer:

Outreach work

One-off appts

Ongoing 1-1 work

One-off or ongoing targeted groups

Advice, Info & Harm reduction

Psychosocial work

Multi agency approach

Family sessions

Holistic support

Onward referrals

Transitional support

Advice and Support for Professionals

Volunteering/Peer Mentor opportunities



WE'VE GOT MORE THAN 200 YEARS' EXPERIENCE OF PROVIDING MENTAL HEALTH AND SUBSTANCE MISUSE SERVICES



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